

Homeopathy Questionnaire for First–Time Patients

It is often useful and saves time to have the following information available at your appointment; however, it is also ok if you cannot get access to this information as we can often deduce the necessary details from what you do know about your health issues.

1. Please bring as many details as possible about your previous health issues and illnesses, from birth to now, including your approximate age at the time of any illness and treatment you received, if possible noting any procedures, x-rays, scans, tests etc and/or medication taken.
2. If you have access to any medical tests and reports taken over your lifetime, please bring copies of them.
3. Details of your own birth and mother's state of health during pregnancy, including medication taken by your mother if any, whether you were breast-fed and for approximately how long.
4. Your vaccination history, which ones and your approximate ages, including vaccines taken as an adult and travel vaccines; in particular were there any reactions to vaccines and how those reactions were treated, with what medication you received if any.
5. Do you have or have had any allergies to foods, chemicals, medication, environmental elements including dust, animal fur, pollen etc, were these ever treated and how.
6. Medical history of your immediate family; brothers and sisters, mother and father, grandparents on both mother's and father's side, even great grandparents if possible. Major illnesses and deaths with approximate ages.

Do your best to get as much of the above information as possible, however, please be reassured that we can work with as much or as little of that information as we have available.

I may later suggest specific diagnostic tests to help assess underlying issues and you may be able to obtain these from your own doctor. I also have diagnostic services that I can refer you to if you need that. You are of course completely free to accept or decline further tests and I will be able to help you with as much or as little information you can provide.

The most important thing is to have you present and open to what develops through the homeopathic consultation, remember also that everything you say will always be treated in the strictest confidence.

Wishing you well on your health Journey
Trevor Gunn BSc (Hons) LCH M.ARH